

# NOVEMBER 2021 COURSE CHOICES

BOW classes are geared toward beginners, and most are suitable for people of all physical ability levels.

Classes below are described according to the level of physical activity required to participate fully. This classification is to help you decide if the class is right for you. Each class includes a minimum and maximum number of participant slots available. Classes are subject to change.

If you are not sure, please ask us for more information. We are happy to help!

**LEISURELY:** Class is not physically demanding.

**MODERATE:** Class requires moderate level of physical activity; for example, lifting an 8-pound chainsaw, shotgun, paddling a canoe, or kayak.

**RUGGED:** Class is fairly strenuous and may require hiking/climbing over uneven terrain.

## A. Archery

MODERATE

(Min 4/Max 16) Learn basic archery techniques for target shooting. The class will also cover types of bows and arrows. Participants will have hands on instruction, time to shoot, and get the chance to take a shot on one of our static archery ranges. A Georgia hunting license, fishing license, or lands pass is required for this class.

## B. Fishing 101

LEISURELY-MODERATE

(Min 4/Max 16) Improve your angling skills and learn new techniques. Knot tying, casting, and what to look for to catch the “big ones” are included in this fun fishing class. The focus is on spinning gear with information on fish cleaning and regulations. A Georgia fishing license is required for this class.

## C. Small Game 101

LEISURELY

(Min 4/Max 16) Are you interested in hunting, but have limited experience or success? Participants will learn the basics of small game (squirrel and rabbit) hunting from trained hunter development specialists in Georgia. During this course, you will learn about small game habitat, biology, hunting laws, and hunting tactics.

## D. How to Field Dress & Quarter a Deer

MODERATE

(Min 4/Max 8) In this class, the instructor will demonstrate how to field dress (remove entrails) and quarter a freshly harvested deer. The instructor will demonstrate tools such as a gut hook, gambrel and pulley, and a bone saw. We’ll discuss which parts are edible, how to identify the major cuts of meat, and explain how to keep the meat uncontaminated.

## E. Nature Journaling

LEISURELY

(Min 4/Max 16) Bring pen to paper to illustrate your observations in nature! Nature journaling can be a wonderful way to connect with the outdoors in a relaxed fashion. In this course, you will be guided through the process of making your own journal and learn new and unique ways to engage with nature.

## F. Ecosystem Enhancement

LEISURELY

(Min 10/ Max 20) Take ownership of your land! Join Danielle Atkins of Land & Ladies to learn how to enhance habitats to benefit wildlife and improve forest health. Topics to be covered include silviculture, invasive pests, and private land management.

## G. Intro to Fly Fishing

LEISURELY-MODERATE

(Min 4/Max 16) This class teaches you the basics of fly fishing. You will learn about equipment, casting techniques, and what flies will best attract your favorite fish. A Georgia fishing license is required for this class.



## H. Intro to Handgun

MODERATE

(Min 4/Max 10) This course will give participants the opportunity to learn more about different types of handguns and practice their aim at our outdoor shooting range. Participants will learn the basics of handgun shooting in a fun and structured environment. A Georgia hunting license, fishing license, or lands pass is required for this class.

## I. Intro to Shotgun

MODERATE

(Min 4/Max 10) Step up and take aim at our outdoor shotgun range during this informative course. This course is designed for participants who are new to shotgun shooting as an opportunity to learn the basics in an interactive way! A Georgia hunting license, fishing license, or lands pass is required for this class.

## J. The Art of Foraging

LEISURELY-MODERATE

(Min 4/Max 16) Wild edible plants can be found everywhere, even in your own backyard! This course will teach participants how to identify multiple native species of edible plants and ways to prepare them. Join the instructor for a hike to collect and identify samples.

## K. Backyard Landscaping

LEISURELY

(Min 10/Max 25) Join Newton County Extension Office to learn how to improve backyard spaces that benefit and attract native wildlife. We will discuss native plants and animals, DIY habitat ideas, and methods of enhancement.



## L. Intro to Fly-Tying

LEISURELY-MODERATE

(Min 4/Max 16) Ever wondered how fly-fishing flies are made? In this course, participants will learn the details of how to tie their very own fly. Learn how to mimic nature through flies that attract native fish species. The course will cover the steps of fly tying, the equipment needed, and the uses of different fly types. Participants will leave with a fly in hand!

## M. Intermediate Rifle

MODERATE

(Min 4/Max 10) This course is the secondary level to the intro rifle course in October and previous workshops. In this intermediate level course, participants will gain more hands-on practice with rifles at the outdoor range with target shooting. A Georgia hunting license, fishing license, or lands pass is required for this class.

## N. Medicinal Plants

LEISURELY - MODERATE

(Min 4/Max 18) Learn about different local plants that can be made into medicine or food to heal and nourish the body. Herbs can be taken as simple teas, syrups, tinctures for internal use or infused in oils to make a skin healing salve. We will taste different teas and syrups and make a few remedies to take home. This class is for beginners or experienced as there is always something new to learn for all! Each participant will get to make an herbal tea blend, a salve, and an herbal beauty remedy.

## O. Dutch Oven Cooking

LEISURELY

(Min 4/Max 12) In this class you will learn multiple tasty recipes to use at the campfire. Participants will get experience using cast iron and Dutch ovens. Settle in around the fire and learn while you cook!

## P. Fishing 102

LEISURELY-MODERATE

(Min 4/Max 16) Go beyond your basic fishing skills! In this course, we will focus on bass fishing, explore various types of lures, and methods of retrieval. We will also dive into fish biology. A Georgia fishing license is required for this class.

## Q. Fish Preparation

LEISURELY - MODERATE

(Min 4/Max 10) So you have caught dinner, but what do you do now? In this course, learn how to clean, filet, and prepare different types of fish. No fishing experience required!



## R. Traditional Bow Hunting MODERATE

(Min 4/Max 16) Traditional bow hunting involves the use of a traditional recurve or longbow instead of a compound bow. This class will cover the basics of traditional bow hunting including types of bows, how to shoot, and tips on how to get started with this style of hunting. Participants will have hands on instruction, time to shoot, and get the chance to take a shot on one of our archery ranges. [A Georgia hunting license, fishing license, or lands pass is required for this class.](#)

## S. Outdoor Preparedness LEISURELY

(Min 4/Max 16) Be Prepared! Ever wanted to go camping, backpacking, or even on a day hike but weren't sure how to start? This course will cover the basics of camping and outdoor preparedness including best practices, where to camp, how to pitch a tent, how to start a campfire, and some tips and tricks for a variety of outdoor scenarios. This hands-on course is sure to be educational and fun!

## T. Geocaching LEISURELY -MODERATE

(Min 4/Max 16) Learn the basics of GPS and discover the fun of geocaching. Geocaching is a real-world outdoor treasure hunting game using GPS-enabled devices. Participants navigate to a specific set of GPS coordinates and then attempt to find the geocache (container) hidden at that location. Participants will learn to use a GPS as a navigation tool, how to input coordinates, and how to follow those coordinates to a set location to find hidden geocaches.

## U. Wildlife Photography LEISURELY

(Min 6/Max 18) Discover the basic concepts and techniques to document the natural world and share it with others through photography. The course is designed to help you turn your "snapshots" into photographs, and how to tell the difference. We will have a class with instruction and examples, then venture outside to give you as much individual help and instruction with your own camera as possible. No fancy equipment needed; your smartphone is sufficient!



## FEES

Three fee options are available for this training course:

- A. \$290 (Lodging, Meals, and Program Fees)
- B. \$255 (Camping, Meals, and Program Fees)
- C. \$245 (Meals and Program Fees)

Upon receipt of your registration and payment, you will be sent a confirmation receipt.

## CANCELLATION

If you have to cancel for any reason, full refunds can be made up to two weeks prior to the event (October 22, 2021). Refunds are issued in the same manner in which the program was paid. Refunds are ineligible to become credits for future CEWC programs. If CEWC has to cancel this program anytime due to COVID, full refunds will be issued. If sending a substitute, please contact Melissa Paduani at [melissa.paduani@dnr.ga.gov](mailto:melissa.paduani@dnr.ga.gov) or (770) 784-3163 with details of the substitution.

## LODGING

CEWC has dorm style rooms with a private bathroom and shower. Space is limited. If special arrangements are necessary, please call (770) 784-3163 at least two weeks prior to the program.

## CAMPING

CEWC has a primitive group campground with an outhouse. You will need to provide your own tent and other gear. There is a portable toilet, but no water or showers are available.

## EVENING PROGRAMS

There will be two evening programs available for participants to attend. On Saturday, there is Nature Yoga and an Entomology Night (weather permitting). Saturday evening will also have a live auction (cash or check only) which will benefit the BOW scholarship program.



## SPECIAL NEEDS

If you have any special needs, including dietary needs, please indicate this on the registration form. We will try to accommodate your needs.

## EQUIPMENT

All equipment will be provided for training courses unless otherwise noted. Feel free to bring your own equipment. Please note on registration if you will be providing your own firearm or bow. Instructors will safety check all firearms and bows brought by participants.

## WAIVER FORMS

Liability and waiver forms must be completed upon registration to attend a BOW workshop. Participants understand that:

1) photographs may be taken during sessions and may be used in future support of the program and 2) in the event of an unavoidable cancellation, evening programs and instructors may change. BOW will provide alternatives if this situation arises.

## BOW SCHOLARSHIPS

Scholarships are available (on a limited basis) to those unable to afford the workshop fee. Preference will be given to full-time students and single parent households. Scholarship applications and information can be found online at <https://georgiawildlife.com/BOW>.



# Workshop Notes Continued...

## WHAT TO BRING?

To ensure you have the best possible experience at your BOW workshop, we are providing suggestions for what to bring. Average fall temperatures in middle Georgia range from highs in the mid-70s during the day and lows in the mid-30s at night. Please read the following, which should help optimize your comfort and enhance the fun!

- ◆ Personal items (i.e. medications, toiletries, etc.)
- ◆ Sleeping bag and pillow if camping. Lodging provides towels, a blanket, linens, and a pillow.
- ◆ Clothing suitable for November weather. Sweaters, a warm coat, hats, and gloves are recommended in case it is chilly during the morning classes. Weather can fluctuate in November from very warm temperatures to cold weather and rain. Dressing in layers is best.
- ◆ Baseball cap or hat with brim, knit hat for evenings and cooler weather
- ◆ Windbreaker
- ◆ Rain gear
- ◆ Sturdy hiking boots or comfortable well-fitted shoes
- ◆ Extra pair of shoes
- ◆ Camera, binoculars, sunglasses, sunscreen, insect repellent, backpack/fanny pack
- ◆ Notebook, pen and highlighters
- ◆ Water bottle – highly recommended
- ◆ Alarm clock and/or watch. **Cell phone service is very limited.**
- ◆ Cash or check for the silent and live auctions. **There is no ATM at CEWC.**

## COVID-19 PLAN:

The planning team will be monitoring the COVID-19 situation over the coming months and if conditions change that would inhibit the workshop from happening, participants and instructors will be notified immediately. More specific information of our safety plan will be available in October.

Our safety plan currently includes the following measures:

- Encouraging participants to wear a mask, especially when less than 6ft apart.
- Hand sanitizer stations are setup in all meeting spaces.
- Regular cleaning and disinfection of restrooms and tables after each session/meal.
- Regular cleaning and disinfection of equipment after each session.
- If an instructor or participant exhibits any symptoms of illness or has fever, they will be asked to go home.

## CLASS NOTES:

**Fishing 101, Fly Fishing, & Fishing 102:** You must have a valid Georgia Fishing License to participate in these classes. Fishing licenses can be purchased online at [www.georgiawildlife.com](http://www.georgiawildlife.com) as well as the CEWC Visitor Center. All equipment will be provided for the classes unless otherwise noted. You are welcome to bring your own gear if you prefer.

**Intro to Shotgun, Intro to Handgun, Intermediate Rifle, Traditional Bow Hunting, and Archery:** You must have a valid Georgia Hunting or Fishing License or Georgia Lands Pass to participate in these classes. Both licenses and passes can be purchased online at [www.georgiawildlife.com](http://www.georgiawildlife.com) as well as the CEWC Visitor Center. Equipment and ammunition will be provided for you. Personal firearms may be used upon instructor approval and safety check.