



12th Annual BOW Workshop
Participant Information

Event Schedule



Friday, November 3rd

10:00–11:30 am Registration and check-in

11:30 am–12:00 pm
Welcome and Introductions

12:00–12:45 pm Lunch

1:00–4:30 pm Session I
 A. Intro to Archery
 B. Nature Journaling
 C. Intro to Rifle
 D. How to Field Dress & Quarter a Deer
 E. Intro to Fly Fishing
 F. Cultivating Oyster Mushrooms
 G. Self Defense
 H. Feed the Birds

6:00–6:45 pm Dinner

7:30 pm Guest Speaker TBA

9:00 pm Astronomy



Saturday, November 4th

*7:00–7:45 am Breakfast

8:00–11:30 am Session II
 I. Fishing 101
 J. Intro to Handgun
 K. Intro to Shotgun
 L. Birding
 M. Tree Climbing Option 1
 N. Nature Photography
 O. Falconry
 P. Intro to Chainsaws

12:00 –12:45 pm Lunch

1:00–4:30 pm Session III
 Q. Fishing 102
 R. Campfire Cooking
 S. Advanced Shooting
 T. Tree Climbing Option 2
 U. Tinctures and Salves
 V. Land Navigation
 W. Snake ID
 X. Intro to Canoeing

6:00–6:45 pm Dinner

7:00–7:30 pm Live & Silent Auction supporting the BOW Scholarship.
 (Note: Check or Cash only)

7:30 pm Campfire
 (Weather permitting)

Sunday, November 5th

*7:00–7:45 am Breakfast and Check out (check out of rooms)

8:00–11:30 am Session IV
 Y. Advanced Archery
 Z. Georgia is TREE-mendous
 AA. Backpacking 102
 BB. Venison Processing
 CC. Beekeeping 101
 DD. Intro to Bird Dogs
 EE. Traditional Archery
 FF. Fire Building & Campsite Tools.

11:45 am-12:00 pm
Exit Survey Completion, Departure

**Optional morning activities such as yoga and small group hikes will be offered by returning participants.*



NOVEMBER 2023 COURSE CHOICES*

Physical Activity Ratings:

BOW classes are geared toward beginners, and most are suitable for people of all physical ability levels. Classes below are described according to the level of physical activity required to participate fully. This classification is to help you decide if the class is right for you. If you are not sure, just ask us for more information. We're happy to help!

LEISURELY (L): Class is not physically demanding.

MODERATE (M): Class requires moderate level of physical activity; for example, lifting an 8-pound chainsaw, shotgun, paddling a canoe or kayak.

RUGGED (R): Class is strenuous and may require hiking/climbing over uneven terrain.

Each class includes a minimum and maximum number of participant slots available. Please note some classes are a onetime option so all women can have a chance to participate. *Subject to change.

A. Intro to Archery (M)

(Min 4/Max 12) In this beginners course you will learn basic archery techniques for target shooting with a compound bow. Participants will have hands on instruction, time to shoot, and get the chance to take a shot on one of our static archery ranges. A Georgia hunting license, fishing license, or lands pass is required. **This class may not be repeated.**

B. Nature Journaling (L)

(Min 4/Max 16) Nature Journaling can be a wonderful way to connect with the outdoors in a relaxed fashion. In this course you will be guided through the process of making your own journal and learn new and unique ways to engage with nature.

C. Intro to Rifle (M)

(Min 4/Max 10) This beginner course will give participants the opportunity to try out .22 rifles and practice their aim at an outdoor shooting range. Participants will learn the basics of rifle shooting in a fun and structured environment that will include some class time. A Georgia hunting license, fishing license, or lands pass is required. **This class may not be repeated.**

D. How to Field Dress & Quarter a Deer (M-R)

(Min 4/Max 12) In this class, the instructor will demonstrate how to field dress and quarter a freshly harvested deer. Attendees will be given the option of watching or participating as they discuss which parts are edible, how to identify the major cuts of meat, and explain how to keep the meat uncontaminated as they work their own deer. **This class may not be repeated.**

E. Intro to Fly Fishing (L-M)

(Min 4/Max 16) This class teaches you the basics of fly fishing. You will learn about equipment, casting techniques, and what flies will best attract your favorite fish. The instructors will also be doing a demonstration on the art of making flies.

F. Cultivating Oyster Mushrooms (L-M)

(Min 4/Max 12) This class will not only demonstrate techniques and allow you to cultivate your own oyster mushrooms, but the instructor will also teach you some other commonly cultivated or foraged edible mushrooms in Georgia with a short hike on one of CEWC's trails (weather and time permitting).

G. Self Defense (M-R)

(Min 4/Max 16) Explore self-defense strategies through discussions on mindset, situational awareness, and the law. The most common types of grabs and how to get away from someone who wishes to harm you will be covered. It will be a hands-on physical class; however, the instructors will base it on the physical ability of those attending.

H. Feed the Birds (L-M)

(Min 4/Max 12) Create a bird feeder to take home and discover what different species of birds are looking for when they visit your backyard habitat.

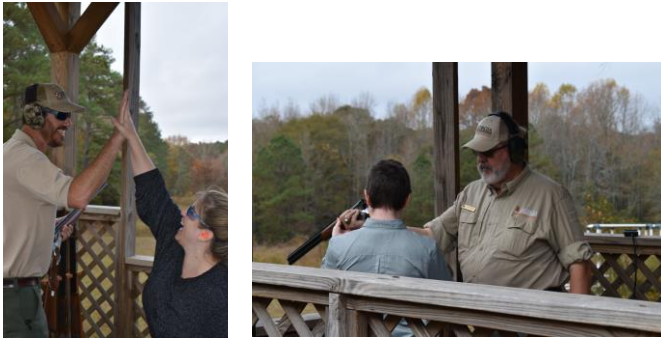


I. Fishing 101 (L-M)

(Min 4/Max 16) Learn basic angling skills such as knot tying, casting, and what to do once you catch that "Big One" in this fun beginner's fishing class. A Georgia fishing license is required for this class.

J. Intro to Handgun (M)

(Min 4/Max 10) This beginner's course will give participants the opportunity to learn more about different types of handguns and practice their aim at our outdoor shooting range. Participants will learn the basics of handgun shooting in a fun and structured environment. A Georgia hunting license, fishing license, or lands pass is required for this class. **This class may not be repeated.**



K. Intro to Shotgun (M)

(Min 4/Max 10) Step up and take aim at our outdoor shotgun range during this informative course. This is a beginner's course designed for participants who are new to shotgun shooting as an opportunity to learn the basics in an interactive way! A Georgia hunting license, fishing license, or lands pass is required for this class. **This class may not be repeated.**

L. Birding Beat (L-M)

(Min 4/Max 16) In this class participants will learn binocular basics, species identification and take a hike on one of our trails to test out their new skills. Binoculars will be provided by the instructor, but you're welcome to bring your favorite pair.

M./T. Tree Climbing (R)

(Min 4/Max 16) Get a view from the canopy! Participants will learn how to safely harness up and climb to new heights. The instructor will explain tree selection, climbing gear, equipment care and tree protection. This is an exhilarating class to remind you that you are stronger than you think! Due to demand, we are offering this class twice.



N. Nature Photography (L-M)

(Min 4/Max 16) Turn your nature snapshots into photographs and learn how to tell the difference between the two as you discover the basic concepts and techniques to document the natural world and share it with others. If you have your own camera and please bring it and read your manual in advance so you know how to use the features and adjustments. The instructor will also be discussing camera phone photography.

O. Falconry: Hunting with Birds of Prey (R)

(Min 4/Max 10) Falconry is the art of hunting wild game with a trained raptor. We will discuss history, maintenance, training, and care involved with having a bird of prey. A demonstration hunt will be held to see the birds in action, please wear shoes for hiking.

P. Intro to Chainsaws (M-R)

(Min 4/Max 10) Interested in learning about chainsaws, but unsure where to start? This course will give you the background you need to get off on the right foot. Topics will include Saw Selection, Operation & Maintenance, and Safety. Instruction will include some field exercises as well. You will get the opportunity to see and handle saws intended for homeowner use.

Q. Fishing 102 (L-M)

(Min 4/Max 16) Go beyond the shallows and learn the basics of using artificial lures in this hands-on and educational course. Participants will learn about different lures and how to manipulate them to mimic prey. There will also be a pond-to-plate portion where you'll get to filet a fish. A Georgia fishing license is required for this class.

R. Campfire Cooking (L-M)

(Min 4/Max 16) "Settle in around the fire and learn while you cook!" In this class you will learn multiple tasty recipes to use at the campfire. Participants will get experience using different methods of cooking outdoors including cast iron, skewers, and sticks!



S. Advanced Shooting (M)

(Min 4/Max 10) Want to take your shooting to the next level? Participants will head to the range to work on aim and precision with higher caliber rifles and more difficult shotgun throwing patterns. A Georgia hunting license, fishing license or lands pass is required for this class. **You must have taken both Intro to Rifle and Shotgun to take this course. No beginner instruction time is available.**

M./T. Tree Climbing – Option 2 (R)

(Min 4/Max 16) Get a view from the canopy! Participants will learn how to safely harness up and climb to new heights. The instructor will explain tree selection, climbing gear, equipment care and tree protection. This is an exhilarating class to remind you that you are stronger than you think! Due to demand, we are offering this class at two different times.

U. Medicinal Plants (L-M)

Useful native plants are found all around. This course will teach you to identify these species and show you ways to turn them into a useful product.

V. Orienteering (L-M)

(Min 6/Max16) The sport of orienteering involves navigating from point to point across a terrain with the help of a map and a compass. We will test your outdoor observation skill level and participate in fun, interactive activities that will provide basic information on topographical map reading and compass usage. Baseline compasses will be provided.

W. The Mysssterious Life of Snakes (L)

(Min 4/Max 16) Have you ever wondered what the snake was mysssssteriously doing as it slithered through your backyard? Join us for this informative class where participants will learn about the snakes of Georgia (both venomous and nonvenomous), their amazing adaptations, and the habitats that attract or deter them. This class allows you to learn as close or as distantly as you're comfortable.

X. Intro to Canoeing (L-M)

(Min 4/Max 10) In this class you'll learn how to choose a life jacket properly, safely enter a canoe, and how to paddle and steer effectively. While the goal is to not get wet, please come prepared just in case as we cruise around one of the many lakes and even play some on-the-water games!

Y. Archery 102 (M)

(Min 4/Max 10) Take your archery skills to the next level. The instructor will guide you through the Clybel 3D archery range and go over specific archery hunting skills. **You must have taken Intro to Archery to take this course.**



Z. Georgia is TREE-mendous (M)

(Min 4/Max 16) Have you ever wondered how botanists tell trees apart? Come join your instructor on a hike as you discover how to read the trees and learn what makes some of Georgia's trees so tree-mendous!

AA. Backpacking 102 (M-R)

You've seen the tools of the trade in 101, now it's time to learn how to load your pack and take a short hike to a mock campsite to discover and practice even more back country skills.

BB. Venison Prep (L)

(Min 4/Max 12) Learn to prep venison into chef level meat cuts. Participants will also learn tips and tricks to prepare deer meat and get to sample some tasty treats along the way. **This class may not be repeated.**

CC. Beekeeping 101 (L-M)

(Min 4/Max 16) Come discover all the buzz about keeping bees for honey or providing the habitat this pollinator species needs to thrive. For those with allergies please know there will be observation of live bees during this course.

DD. Intro to Bird Dogs (M-R)

(Min 4/Max 16) Get on point with the different types of hunting dogs, locate ethical sources and how to train or find quality trainers! This class will take you off site at the end for an in-field experience watching real dogs at work.

EE. Intro to Traditional BOW Hunting (M)

(Min 4/Max 10) Go back to the beginning of the traditional style of archery and the use of a recurve or longbow, instead of compound bows. This class will target the basics including types, how to aim and shoot correctly and how to get started in this style of hunting and shooting. A Georgia hunting license, fishing license or lands pass is required for this class.

FF. Fire Building and Campsite Tools (M)

(Min 4/Max 10) Sharpen your campsite tool skills and light up your world with new ways to build and start fires to match your needs. This course will take your campfire and campsite tool skills to the next level.

Workshop Details

ATTENDANCE AND FEE OPTIONS

1. Onsite Lodging: \$300 (Lodging, Meals, and Program Fees)
2. Onsite Primitive Camping: \$265 (Campsite with Port-O-Let, Meals, and Program Fees)
3. Offsite Housing* or Commuter: \$255 (Meals and Program Fees)

Upon receipt of your registration and payment, you will be sent a confirmation receipt.

ONSITE LODGING

CEWC has dorm style rooms with a private bathroom and shower. Space is limited and you will have roommates. If special arrangements are necessary, please call (770) 784-3059 as soon as possible.

ONSITE PRIMITIVE CAMPING

CEWC has a primitive group campground with an outhouse. You will need to provide your own tent and other weather appropriate gear. There is a portable toilet, but no potable water or showers are available in this location.

*OFFSITE STATE PARK CAMPING

Hard Labor State Park has set aside 10 campsites that come with electricity, water, picnic tables and proximity to showers and restrooms for \$36 a night set aside for participants. Please call 706-557-3001 and let them know you're a BOW participant to book. Site capacity rules (2 tents/6 people) and the need for a state parks pass still apply. You must book these sites by September 29th, or they will be released to the public. Hard Labor also provides cabin options if there is a group looking to room all together.

*OFFSITE HOTEL ACCOMODATIONS

Covington has many hotels to meet your needs. Please contact Linda if you have questions regarding the local area.

CANCELLATION

A \$100 processing fee will be charged to all cancelled registrations. Registrants who do not attend and do not cancel by close of business October 10, 2023, will be assessed the full program fee. If sending a substitute, please contact Linda Scovanner at:

linda.scovanner@dnr.ga.gov or (770) 784 - 3163 to complete the substitution process.

CLASS CHANGES

Due to the growth of the Georgia BOW Program, we are unable to facilitate any class changes once you've registered. This includes going to classes other than those you've scheduled during the workshop. Our instructors plan according to the final counts provided at registration cut off.

SPECIAL NEEDS

If you have any special or dietary needs or preferences, please indicate this on the registration form. We will try to our best to accommodate all requests.

EQUIPMENT

All equipment will be provided for training courses unless otherwise noted. Feel free to bring your own equipment. Please note on registration if you will be providing your own firearm or bow. Instructors will safety check all firearms and bows brought by participants.

WAIVER FORMS

Liability and waiver forms must be completed as part of your registration to attend a BOW workshop. Participants understand that:

- 1) photographs may be taken during sessions and may be used in future support of the program and
 - 2) in the event of an unavoidable cancellation, evening programs and instructors may change.
- BOW will provide excellent alternatives if this situation arises.

BOW SCHOLARSHIPS

6 Scholarships are available (on a limited basis) to those unable to afford the workshop fee. Preference will be given to full-time students, single parent households and first-time attendees. Scholarship applications can be found online at <https://georgiawildlife.com/BOW>. Scholarships are due by September 15, 2023; though we recommend returning as soon as you are able.

You can mail scholarship applications to:

**GA BOW
543 Elliott Trail
Mansfield, GA 30055**

Items to Bring and Licenses Needed

WHAT TO BRING?

To ensure you have the best possible experience at your BOW workshop, we are providing suggestions for what to bring. Average fall temperatures in Georgia range from highs in the mid-70s during the day and lows in the mid-30s at night. Please read the following, which should help optimize your comfort and enhance the fun!

- Personal items (i.e. medications, toiletries, etc.)
- Lodging provides towels, a blanket, linens and a pillow.
- Clothing suitable for November weather. Sweaters, a warm coat, hats and gloves are recommended in case it is chilly during the morning classes. Weather can fluctuate in November from very warm temperatures to cold weather and rain. Dressing in layers is best.
- Baseball cap or hat with brim, knit hat for evenings and cooler weather
- Windbreaker
- Rain gear
- Sturdy hiking boots or comfortable well-fitted shoes
- Extra pair of shoes
- Camera, binoculars, sunglasses, sunscreen, insect repellent, backpack/fanny pack
- Notebook, pen and highlighters
- Water bottle – highly recommended
- Alarm clock and/or watch. Cell phone service is very limited.
- Donation for and/or Cash or check for the silent and live auctions. There is no ATM at CEWC.*

Should you choose onsite primitive camping please note that you will need to bring your own tent, sleeping bag, potable water source and any other necessary items for a positive, primitive outdoor experience. The only facilities provided within the primitive camping area are a portable toilet and a campfire ring.

Should you choose the offsite camping, please pay close attention to needing the additional State Parks Pass, the fishing or hunting license with a public lands pass does not carry over to State Parks.

CLASS NOTES:

Fishing 101 and Fishing 102: You must have a valid Georgia Fishing License to participate in these classes. Fishing licenses can be purchased online at www.georgiawildlife.com as well as the CEWC Visitor Center. All equipment will be provided for the classes unless otherwise noted. You are welcome to bring your own gear if you prefer.

Intro to Shotgun, Intro to Handgun, Intro to Rifle, Advanced Shooting, and ALL Archery Courses: You must have a valid Georgia Hunting or Fishing License or Georgia Lands Pass to participate in these classes. Both licenses and passes can be purchased online at www.georgiawildlife.com as well as the CEWC Visitor Center. Equipment and ammunition will be provided for you. Personal firearms may be used upon instructor approval and safety check.

If you have any questions, please don't hesitate to call, or email Linda at linda.scovanner@dnr.ga.gov or 770.784.3163